

CHANGED OUT OF  
★

PAJAMAS  
TODAY

FED THE KIDS  
★

THREE  
MEALS



DIDN'T  
CRY IN  
PUBLIC



BRUSHED  
TEETH  
TODAY



KEPT  
THE KIDS  
ALIVE

SURVIVED BEING  
★

AN ADULT  
TODAY

DIDN'T LOSE MY  
★

SH\*T  
TODAY

FOLDED THE  
★

LAUNDRY  
TODAY

CONVERSED WITH  
★

OTHER  
ADULTS

HONORABLE MENTION  
★

ADULTING



BOUGHT GROCERIES  
★

WITH THE  
KIDS

4 OUT OF 7 DAYS THIS WEEK  
★

BRUSHED  
TEETH